



**WEEKLY PROGRAMME
WINTER 2019**
in collaboration with
VAL DI FASSA MOUNTAIN GUIDES



Easter Activities



FRIDAY 19th of April

- **AFTERNOON SNOWSHOES EXCURSION** at the feet of the majestic **Sella Group** at **Pian de Schiavaneis**. Meeting Point: at 1.00 pm Sport Check Point Canazei. Expected Return: 4.00 pm. Price: 30€ per person, included equipment rental. 15€ for Winter Outdoor hotels and apartments' guests.

SATURDAY 20th of April

- **EASY WALK: THE WOOD TELLS THE STORY** Easy and panoramic walk through the charming village of **Someda** up to the ancient trenches of the Great War, telling the story of the forest from the great war to the tragedy of our territory today. Price: 10€ adults, 5€ children from 4 to 8 years old. FREE for Moena Outdoor Hotels. Meeting Point: 9.30 Moena Skipass Office. Duration: about 3h.



SATURDAY 20th of April

- **AFTERNOON SNOWSHOES EXCURSION** through the city of **Rocks** at **Sella Pass** the feet of **Sassolungo** mountain. Meeting Point: at 1.30 pm Sport Check Point Canazei. Expected Return: about 5.00 pm. Price: 30€ per person, included equipment rental. 15€ for Winter Outdoor hotels and apartments' guests.

SUNDAY 21st of April

- **WHOLE DAY EXCURSION** starting from the village of **Muncion**, we'll walk to **Gardeccia** at the feet of **Catinaccio** and, for those who want to walk more, we'll walk up to **Vajolet**. Meeting Point: at 9.30 am by the parking passed the ex restaurant **La Regolina** at **Muncion**. Expected return: about 3.30 pm. Price: 45€ per person equipment rental included. 20€ for Winter Outdoor hotels and apartments' guests. 30€ for Moena Outdoor hotels guests.



MONDAY 22nd of April

- **SNOWSHOES EXCURSION** the **FAIRY MIRRORS**

Walking into the silence of nature in a dreaming landscape we will cross the forest that surrounds the alpine lake **Passo San Pellegrino**. Meeting point: 10.00 am at the little church at **Passo San Pellegrino**. Expected return: about 12.00. Price: € 20 per person including Guide and equipment rental. 5€ for Moena Outdoor hotels guests. Age Min: 8/10 years - used to walking. - EASY level.



EVERY DAY ON REQUEST:

- **YOGA EXERCISES** awareness and physical harmony.

Suitable for all those, beginners and advanced, who want to find the well-being and physical harmony and acquire better mental clarity.

Meeting point: 10.20 am at **Planet Gym** in **Canazei**. Duration: about 1 hour.

Price: 20€ per person including mat rental.

When: monday, tuesday, wednesday and friday. Where: **Canazei** or **Vigo di Fassa**.

Available private lessons on other days on request. On Sundays evening: **MEDITATION** in **Canazei**.

Info & booking: **TANIA** tel. +39 347 2484773



- **CHARLOTTE HORSE RIDING**

This lovely ranch, open all year round, is located in **Campitello di Fassa** in the **Ischia** area near the **Col Rodella** cable car station and **Adel** climbing wall. It offers pony rides for children every day, riding lessons and horse rides for beginners or experts.

Opening hours: 8.00 am - 5.00 pm

Info e prenotazioni: **CARLOTTA** tel. +39 333 8056581



- **INDOOR CLIMBING** by the **ADEL** climbing hall in **Campitello di Fassa**:

Top rope indoor and outdoor climbing walls and boulder hall.

Open on tuesdays, thursdays, saturdays and sundays from 4.00 to 10.00 pm.

Every day on request privat climbing lessons with the Mountain Guides for both beginners and advanced.

Info climbing hall: **LORENZA** tel. +39 338 5877474.

Info booking climbing lessons: **SPORT CHECK POINT** tel. +39 3401147382 or tel. +39 3395683688.

All activities have to be booked within 6.30 pm on the previous day



INFO & BOOKING: Sport Check Point

Strèda Dolomites, 147 - Canazei

tel. +39 340 1147382 - e-mail: info@fassasport.com

Opening time: 16.00 - 19.00

guidealpinevaldifassa.com

fassasport.com