

OUTDOOR Activities Programme



Winter 2020/21

From the 5th of December to the 11th of April 2021



Monday:

DISCOVERING THE SNOWY WOODS Easy snowshoes excursion in the woods and around small villages. Duration: from 9.30 to 12.30 am.

Price: 35€ per person including snowshoes, poles rental and hot tea-break.

Difficulty level: INTERMEDIATE / EASY

APPROACH TO SKI MOUNTAINEERING Beautiful itineraries to learn the correct technique of climbing and descending off-piste. Duration: half or full day.

Price: from 65€ per person (1/2 day), from 95€ per person (full day).

Difficulty level: INTERMEDIATE / EASY required ability to ski on red slopes.



Tuesday:

WHOLE DAY EXCURSION WITH LUNCH BREAK AT THE MOUNTAIN HUT

Different itineraries all along the Valley such as: Passo Fedaiia, Passo Sella, Gardeccia and Ciampedie, Val Monzoni, Passo San Pellegrino, Passo Costalunga.

Price: 50€ per person including snowshoes and poles rental. Lunch is not included in the price. Duration: from 9.30 am to 3.30 pm. Difficulty level: INTERMEDIATE



Wednesday

FAT E-BIKE EXPERIENCE! Easy itinerary suitable for everyone thanks to the use of electric fat bikes! To discover the most beautiful areas of the Valley by bike.

Different itineraries. Duration: about 3 hours from 10.00 to about 13.00.

Price: 55€ per person bike rental + cost of the Guide (depends on the number of participants). Difficulty level: INTERMEDIATE / EASY

AFTERNOON EXCURSION AT SUNSET with APERITIVO!

To experience the magic of a sunset in the snow. Duration: from 5.00 to 7.00 pm.

Price: 35€ per person including snowshoes and poles rental and cocktail/aperitivo.

Difficulty level: EASY



Thursday

WHOLE DAY EXCURSION WITH LUNCH BREAK AT THE MOUNTAIN HUT

Different itineraries all along the Valley such as: Passo Fedaiia, Passo Sella, Gardeccia and Ciampedie, Val Monzoni, Passo San Pellegrino, Passo Costalunga.

Price: 50€ per person including snowshoes and poles rental. Lunch is not included in the price. Duration: from 9.30 am to 3.30 pm. Difficulty level: INTERMEDIATE



APPROACHING THE OFF-PISTE SKIING First off-piste experiences on easy itineraries where you can see the basics of skiing in fresh snow and off-piste safety.

Price: from 95 € per person including safety kit.

Level: MEDIUM / DIFFICULT good skiing skills required on the slopes (black slopes).

Friday

DISCOVERING THE SNOWY WOODS Easy snowshoes excursion with tea break in the woods. Duration: from 9.30 to 12.30 am. Price: 35€ per person including snowshoes, poles rental and hot tea-break. Difficulty level: INTERMEDIATE / EASY

“FAIRY NIGHT” EVENING EXCURSION starting by motorsledge from the village, we will enjoy an evening snowshoes excursion with headlamps and a typical dinner at a mountain hut. After dinner we will come back by sledge or motorsledge!

Duration: from 5.30 to about 10.00 pm.

Price: 65€ per person including: snowshoes and poles rental, sledge/motorsledge and dinner at the mountain hut (beverage not included). Difficulty level: EASY





Saturday

EXCURSION AT PORDOI PASS to enjoy, after that, an amazing 360° view from the famous Sass Pordoi: the Terrace of the Dolomites.

Price: 35€ per person including snowshoes, poles rental. Lift ticket to be payed extra.
Duration: from 9.30 am to about 1.00 pm. Difficulty level: INTERMEDIATE / EASY

WINTER VIA FERRATA! Climbing on the famous vie ferrate of the Dolomites, even more spectacular during the winter.

Duration: 1/2 or full day, depends on the via ferrata. Price: starting from 100€ per person (max 2 people) equipment included. Difficulty level: DIFFICULT



Sunday

WHOLE DAY EXCURSION WITH LUNCH BREAK AT THE MOUNTAIN HUT

Different itineraries all along the Valley such as: Passo Fedaia, Passo Sella, Gardeccia and Ciampedie, Val Monzoni, Passo San Pellegrino, Passo Costalunga.

Price: 50€ per person including snowshoes and poles rental. Lunch is not included in the price. Duration: from 9.30 am to 3.30 pm. Difficulty level: INTERMEDIATE

ICE CLIMBING APPROACH Test day to learn how to use the equipment and to do the first easy ascents on small ice falls. Duration: half or all day long.

Price: starting from 60€ per person (min. 3 people), equipment included (harness, helmet, ice axes and crampons). Difficulty level: INTERMEDIATE



Everyday on request

TANDEM PARAGLIDING FLIGHT

If you want to experience the sensation that birds feel, flying over our mountains and the snow-covered Val di Fassa, in the silence of the air and the immensity of nature, try our tandem paragliding flights!

Once you take off from a gentle slope of the Col Rodella (2450m), the descent to Campitello (1440m) will become an unforgettable experience!

Price: 120€ per person + 10€ photo and video service. Lift ticket not included.



HORSE RIDING ON THE SNOW at **Charlotte Horse Ranch** in Campitello di Fassa.

Duration: from 1 hour to half a day. Difficulty level: EASY

INDOOR CLIMBING LESSONS at the **ADEL climbing wall** in Campitello di Fassa.

Duration: 1 or 2 hours. Difficulty level: EASY



ELECTRIC FAT BIKE EXCURSIONS ON THE SNOW with **Bikeasy** in Canazei.

Duration: about 3 hours. Difficulty level: INTERMEDIATE / EASY

YOGA LESSONS outdoors (or indoors in compliance with covid rules)

with **Tania Detomas**. Duration: about 1 hour. Difficulty level: EASY

VITALITY AND MOUNTAIN outdoor practices and exercises to experience nature in

harmony, with **Irene Deflorian**. Duration: about 2 hours. Difficulty level: EASY

The programme may be subject to changes according to the new covid rules, excursions always depend on the conditions of the snow, if few snow the excursions will be done anyway without using the snowshoes.

For all the excursions trekking boots or snow boots are required.

Each activity can be privately organized every day upon request.

INFO & BOOKING: everyday from 9.00 to 12.00 am and from 4.00 to 7.00 pm

by Sport Check Point offices:

- **Canazei:** Via Dolomites 147 - tel. +39 340 1147382

- **Moena:** Strada de Sen Pelegrin, 2 - tel. +39 331 9938100

or check the entire program and book online:

www.fassasport.com - info@fassasport.com



**Sport
Check Point**
Sport & Outdoor in Val di Fassa!