



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Activities starting from</i> <i>Soraga - Moena - S. Pellegrino Pass</i>	MTB Test day for children and youngsters - afternoon in Moena	Grand Tour Lake Carezza and Latemar (E-bike) - full day	E-Bike Tour Moena and S. Pellegrino Pass - full day	Grand tour Alpe Lusia and Paneveggio (E-bike) - full day	Bike family Moena and Fiemme valley (E-bike) - full day	Let's discover Valmaggioro (E-bike) - full day	
	MTB Test tour for adults - afternoon in Moena						
	Moena Trek - Get ready for a mountain excursion - morning in Moena	"Gente di Trincea" life in the Dolomites during the First World War- morning at S. Pellegrino Pass	The path of the Princes - morning in Moena	Lusia Family Day - the sweet world of bees - morning at Alpe Lusia	Backpack on your shoulders: let's hike in the Dolomites - full day	"Sentieri di Pace" - the Great War and the Austrian gunner - morning at Alpe Lusia	
	Soraga Trek - Get ready for a mountain excursion - afternoon in Soraga	The fairy lake and the cow milking - afternoon at S. Pellegrino Pass	Maso Tour - afternoon in Moena	Around the world to discover fantastic animals - afternoon in Moena	The city of marmots - afternoon at S. Pellegrino Pass	Lusia Family day - Kids orienteering adventure	
	Barefoot emotions - afternoon in Moena (Fango)			Bio pilates sunset emotion - afternoon in Moena	Sunset excursion with dinner in a mountain hut - evening at Alpe Lusia		
Wild Experience - Sunset wildlife excursion							
<i>Activities starting from</i> <i>Vigo - Pozza - Pera</i>		Latemar Tour (E-bike) - full day	E-bike easy ride to Passo Costalunga (E-bike) - full day	Breakfast at high altitude by E-Bike at Ciampedie - early morning	Panoramic Tour Pozza and Vigo (E-bike) - morning	E-Gravity Tour (enduro E-bike) - morning in Vigo	8-volante - Monte Agnello and Latemar (enduro E-bike) - full day
	My first via ferrata with the Mountain Guides - full day	Climbing approach for adults and children in Pozza	At the foot of Vajolet Towers - full day	Via ferrata for all levels - full day	The magic of sunset at Costalunga Pass - evening	Climbing route on the most beautiful Dolomite peaks	Via ferrata for all levels - full day
	Vigo Trek - Get ready for a mountain excursion - morning in Vigo	Panoramic crossing Buffaure - Ciampac (or alternately Around the Sassolungo trekking) - full day	"Jon a mont" the lifts take us to wonderful places - full day			Morning at the farm - morning in Tamion a typical mountain hamlet	Let's build our cabin in the woods - morning in Pozza
Pozza Trek - Get ready for a mountain excursion - afternoon in Pozza	Excursion with picnic in a real mountain lodge: amid woods, springs and waterfalls - full day						
<i>Activities starting from</i> <i>Campitello - Canazei - Alba - Fedaia and Sella Pass</i>	MTB Test day for children and youngsters - morning in Canazei	Panoramic Tour Canazei e Campitello (E-bike) - morning	Agri Tour on E-bikes (E-bike) - full day	Sassolungo E-volution (E-bike) - full day	Sellaronda MTB Tour - full day	Sellaronda MTB Tour - full day	Sassolungo MTB Tour (E-bike) - full day
	MTB Test tour for adults - morning in Canazei	Sassolungo Tour (E-bike) - full day	E-Gravity Tour (enduro E-bike) - morning in Canazei	NOS Tour (enduro) - full day		Enduro World Cup Tour (enduro) - full day	Sellaronda MTB Tour - full day
	Hiking towards Pordoi - full day	Climbing approach for adults and children in Canazei	Via ferrata for all levels - full day	Lake Antermoia - full day	Historical tour of the Marmolada glacier - Punta Rocca 3.265m	Dolo-mythical adventure with the Mountain Guides - full day	Climbing day for families or group of friends - full day
	The marmots trail - morning at Ciampac						
	Canazei Trek - Get ready for a mountain excursion - morning in Canazei	Around the Sassolungo trekking (or alternately Panoramic crossing Buffaure - Ciampac) - full day	With headlamps in the trenches of Padon - full day	On the chamois trail - full day	Grazing and the magic of butter - morning at Ciampac	Pieces of tradition - past crops, bees and ancient flavors - afternoon in Campestrin	Sunset excursion with dinner in a mountain hut - evening in Val Duron
	Campitello Trek - Get ready for a mountain excursion - afternoon in Campitello						
<i>Every day on request with the Mountain Guides</i>	Private afternoon climbing lessons - by ADEL climbing wall in Campitello	Rock climbing course of 3 or 5 days	Classic and sport climbing routes in the Dolomites	My first climbing route with the Mountain Guides	Easy, medium or difficult via ferratas	Excursions on the Marmolada glacier	Multi-day trekking from hut to hut
<i>Every day on request with the MTB guides and instructors</i>	MTB courses for adults and children	Private MTB lessons in the skill-park, bike park or on natural trails	Private MTB lessons in the Bike Park using the lifts	Half day E-bike tours	Full day tour with bike or E-bike and/or use of lifts	Enduro style tours	Multi-day MTB tour with overnight stay in refuges
<i>More activities available every day</i>	Tandem paragliding flights (classic or long flights)	Adventure Parks in Pera and Campitello	Rafting - Val di Fiemme	Fishing Experience in Moena	Horse riding - horse ranches in Vigo and Campitello	Dòlaondes Aquatic Center Canazei	Ice skating Alba di Canazei

Activities with the Mountain Guides

Activities with the MTB Guides and instructors

Excursions and activities with the hiking Guides

Other activities

Activities with a special price for the guests of the Summer Outdoor facilities