

ACTIVITIES WEEKLY PROGRAM

WINTER 2019/20 - Val di Fassa



Monday:

- **Discovering the snowy woods** Easy snowshoes excursion with tea break in the woods. Price: 30€ per person including snowshoes, poles rental and hot tea-break. Duration: from 10.00 to 12.30 am. Special price 15€ for Winter Outdoor hotels and apartments' guests.

Yoga exercises (afternoon) Suitable for all those who want to find the well-being and physical harmony and acquire better mental clarity. Duration: about 1 hour and a half.

Meeting point: 5.20 am at the Gym in front of Pera di Fassa's church.

Price: 20€ per person including mat rental.

10€ for Winter Outdoor hotels and apartments' guests.



Tuesday:

- **Whole day excursion with lunch break at the mountain hut.** Different itineraries all along the Valley such as: Passo Fedaia, Passo Sella, Gardeccia and Ciampedie, Val Monzoni, Passo San Pellegrino, Passo Costalunga. Duration: from 9.30 am to 3.30 pm.

Price: 50€ per person including snowshoes and poles rental. Lunch is not included in the price.

10% discount for Winter Outdoor hotels and apartments' guests.



- **Skiguiding tour on the whole Dolomiti Superski area!** Ex: Sellaronda ski tour, Lagazuoi and the Hidden Valley, First World War ski tour, Marmolada and more. Duration: from 8.30 am to 4.00 pm. Price: starting from 60€ per person, (min. 5 people).

30€ for Winter Outdoor hotels and apartments' guests.

Wednesday:

- **Fat E-Bike experience!** Easy itinerary suitable for everyone thanks to the use of electric fat bikes! To discover the most beautiful areas of the Valley by bike. Duration: about 3 hours from 10.00 to about 13.00. Cost: 55€ per person including bike rental and guide.

35€ for Winter Outdoor hotel and apartment guests.



- **Afternoon excursion at sunset and happy hour cocktail/aperitivo!** To experience the magic of a sunset in the snow. Duration: from 5.00 to 7.00 pm.

Price: 35€ per person including snowshoes and poles rental and cocktail/aperitivo.

Special price 17€ for Winter Outdoor hotels and apartments' guests.

Thursday:

- **Whole day excursion with lunch break at the mountain hut.** Different itineraries all along the Valley such as: Passo Fedaia, Passo Sella, Gardeccia and Ciampedie, Val Monzoni, Passo San Pellegrino, Passo Costalunga. Duration: from 9.30 am to 3.30 pm.

Price: 50€ per person including snowshoes and poles rental. Lunch is not included in the price.

25€ for Winter Outdoor hotels and apartments' guests.



- **Freeride in Val Mezdi!** First freeride experiences through the most famous off-piste skiing in the Dolomites. Duration: whole day. Price: starting from 90€ per person safety kit included (min. 3 people). 10% discount for Winter Outdoor hotels and apartments' guests.

Friday:

- **Discovering the snowy woods** Easy snowshoes excursion with tea break in the woods. Duration: from 9.30 to 12.30 am. Price: 30€ per person including snowshoes, poles rental and hot tea-break. 10% discount for Winter Outdoor hotels and apartments' guests.

- **"Fairy Night":** starting by motorsledge from the village, we will enjoy an evening snowshoes excursion with headlamps and a typical dinner at a mountain hut. After dinner we will come back by sledge or motorsledge! Duration: from 5.30 to about 10.00 pm.

Price: 65€ per person including: snowshoes and poles rental, sledge/motorsledge and dinner at the mountain hut. 45€ for Winter Outdoor hotels and apartments' guests.



Saturday:

- **Excursion at Pordoi Pass** to enjoy, after that, an amazing 360° view from the famous Sass Pordoi: the Terrace of the Dolomites. Duration: from 9.30 am to about 1.00 pm.
Price: 30€ per person including snowshoes, poles rental. Lift ticket to be payed extra.
15€ for Winter Outdoor hotels and apartments' guests.

- **Winter Via ferrata!** Climbing on the famous vie ferrate of the Dolomites, even more spectacular during the winter. Duration: 1/2 or full day, depends on the via ferrata.
Price: starting from 100€ per person (max 2 people) equipment included.
10% discount for Winter Outdoor hotels and apartments' guests.

Sunday:

- **Whole day excursion with lunch break at the mountain hut.** Different itineraries all along the Valley such as: Passo Fedaiia, Passo Sella, Gardeccia and Ciampiedie, Val Monzoni, Passo San Pellegrino, Passo Costalunga. Duration: from 9.30 am to 3.30 pm.
Price: 50€ per person including snowshoes and poles rental. Lunch is not included in the price.
35€ for Winter Outdoor hotels and apartments' guests.

- **Ice climbing approach.** Test day to learn how to use the equipment and to do the first easy ascents on small ice falls. Duration: half or all day long.
Price: starting from 60€ per person (min. 3 people), equipment included (harness, helmet, ice axes and crampons). 10% discount for Winter Outdoor hotels and apartments' guests.

N.B. Prices depend on the number of participants. The programme can be changed, excursions always depend on the conditions of the snow, if few snow the excursions will be done anyway without using the snowshoes.
For all the excursions trekking boots or snow boots are required.

Every day on request:

- **Freeride: Sella - Pordoi - Marmolada.** Some of the best off-piste itineraries in the Dolomites, between Sella and Pordoi couloir and majestic skiing on Marmolada glacier. Different itineraries available for all levels.
Price: starting from 65€ (half day) or 100€ (whole day) per person, safety kit included (avalanche beeper, probe and shovel).
10% discount for Winter Outdoor guests.

- **Whole day ski mountaineering excursion** to reach the most famous Dolomites peaks and enjoy amazing off-piste skiing!
Price: 100€ per person, safety kit included (avalanche beeper, probe and shovel). 10% discount for Winter Outdoor guests.

- **Ice climbing** learn how to use the equipment and make the first easy ascents on ice falls for beginners, or climbing on more challenging waterfalls for those who already have experience with ice. Duration: 1/2 or full day.
Price: starting from 60€ (half day) or 90€ (whole day) per person, including equipment (harness, helmet, ice axes and crampons). 10% discount for Winter Outdoor guests.

- **Campitello's climbing hall ADEL:** top rope climbing and boulder hall.
Open on tuesdays, thursdays, saturdays and sundays from 4.00 to 10.00 pm. Every day on request privat or group climbing lessons with the Alpine Guides for both beginners and advanced.

- **Paragliding tandem flights!** To fly over the white Dolomites together with our expert pilots!
Price: classic flight 120€, long flight 170€. The place and the duration depend on the snow and the weather.
It is possible to fly every day (weather permitting), every hour from 8:20 am until 4:20 pm.

- **"Charlotte Horse Riding"**, the horse riding center in Campitello di Fassa in Ischia area near to the Col Rodella cable car station. Ponies for children, riding lessons, 1 or 2 hours horse trekking both for beginners or experts, and the winter news: "Equestrian Ski Dragging" an innovative sport, fun and suitable for everyone. Opening hours: from 8:00 am to 5:00 pm.

- **Yoga lessons:** every day throughout the Val di Fassa (Moena, Canazei, Pera di Fassa and Campitello di Fassa)
Consult the Winter Outdoor booklet for timetable and cost information.

